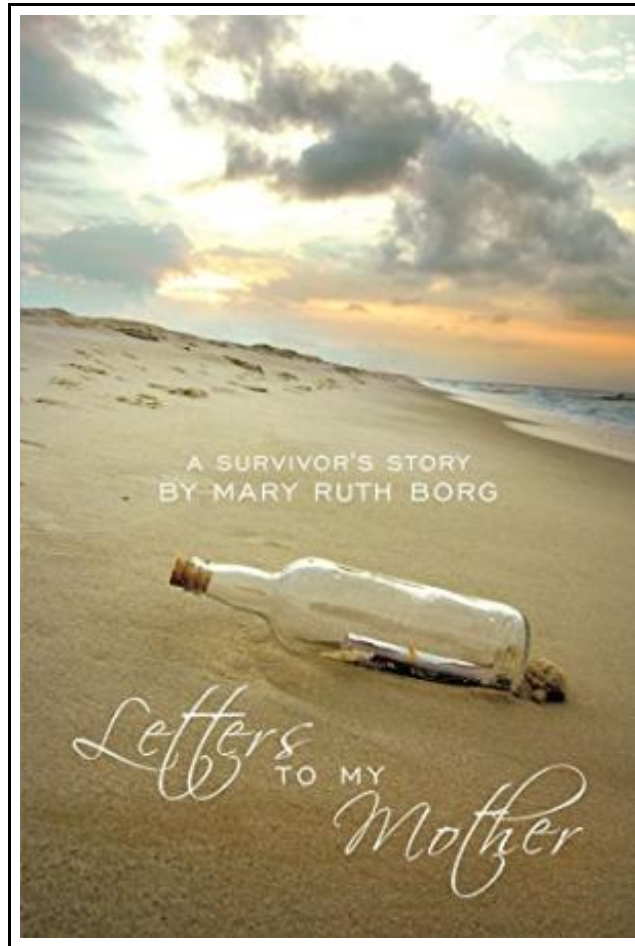


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LETTERS TO MY MOTHER: A SURVIVOR S STORY (PAPERBACK)



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AUTHORHOUSE, United States, 2009. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.I knew I liked to write was when I was a teenager, locking myself in my room. I was angry and frustrated and needed a positive outlet. I was tired of breaking things that were really important to me. I was sad having to pick up pieces of my little treasures. So I picked up a pencil and started writing about how I felt and why I was being self destructive. I was determined to find a way to diffuse the confusion in my head. I was taught very early to pray and I d put my prayers on paper. Seeing something written brought me back into reality. I had a reference point. Something I could read over and over to remind myself who I was and that I would be ok. This is my story of survival. My journey from the traumatic experience of being molested countless times by my step-father while living within the strict religious practices of Jehovah s Witnesses to my healing process with Parents United. I thought my life of confusion, mistrust and low self-esteem could never change. As I got older, I constantly attracted more dysfunction in my choices and relationships. I didn t know I could change that. I didn t know any better. I became afraid for my children. I thought I was crazy and didn t have good parenting skills. After years of therapy, I learned to have control over my life and how to take the power back that I kept giving away. I am no longer a victim. It has been a long and twisty road. Today, I am proud to be happy, healthy and productive in...



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